

# NSSC Magazine/Catalog Request Form

Mail in this form, stop by our Northfield location or call to request a magazine/catalog.

Full Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_

Home Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_

☐ Please send me membership information.

## I AM INTERESTED IN:

- ☐ Art & Craft Classes
- ☐ Humanities & Educational Presentations
- ☐ Current Events Discussion Groups
- ☐ Computer & Technology Classes
- ☐ Daytrips
- ☐ Health & Wellness Programs
- ☐ Music & Entertainment
- ☐ Social & Recreational Activities

## RETURN COMPLETED FORM TO:

North Shore Senior Center  
Arthur C. Nielsen, Jr. Campus  
161 Northfield Road  
Northfield, IL 60093  
Attn: Lifelong Learning

**Lifelong Learning Phone:** 847.784.6030

**Email:** [lifelonglearning@nssc.org](mailto:lifelonglearning@nssc.org)

cut  
out  
tear

## Our Mission

The mission of North Shore Senior Center is to foster the independence and well-being of older adults, enhance their dignity and self-respect, and promote their participation in and contribution toward all aspects of community life.

*North Shore Senior Center is a 501(c)(3) organization. It is our policy to not discriminate against any person served or person employed or seeking employment based on age, race, color, gender, disability, pregnancy, ethnicity, national origin, genetic information, gender identity, sexual orientation, religious tradition or spiritual practice. If you feel that you have been discriminated against, call the Senior Help Line at 800.252.8966 or 888.206.1327 (TTY).*



Arthur C. Nielsen, Jr. Campus  
161 Northfield Road  
Northfield, IL 60093  
847.784.6000  
[www.nssc.org](http://www.nssc.org)



Senior & Family Services  
North Shore Senior Options  
Adult Day Services-  
Dementia Care Specialty



Accredited by   
National Institute of  
Senior Centers

# Lifelong Learning

## Learn. Enrich. Connect.



# north shore senior center



## Imagine the Possibilities

Interested in learning more about the world's cultures and current issues? Curious to check out new museums, theater or destinations? Want to explore your creative or artistic side? How about some exercise and wellness programs? Lifelong Learning can be your gateway to all of this—and so much more.

We invite you to take part in our many classes, activities, daytrips, concerts and events. NSSC membership is not required for participation, but members do receive discounts and other benefits.

### Enjoy

- Daytrips & Travel
- Performances
- Special Events

### Learn

- Arts & Architecture
- Current Issues & Politics
- Humanities
- People, Places & Culture

### Inquire

- Current Issues
- Film
- Humanities
- Literature & Writing



### Enrich

- Applied Arts & Crafts
- Computer & Tech
- Lifestyle
- Adventure

### Live

- Fitness & Exercise
- Wellness
- Health Education
- Brain Fitness

### Play

- Games
- Social & Recreational Clubs
- Sports & Leisure

## Enrich. Engage. Explore.

Lifelong Learning offers you an abundance of opportunities to enrich your life, engage with others and explore new things.

**Learn** about current issues, history, literature, film, art and so much more in our various educational classes taught by college instructors and local professionals. Or, delve deeply into the arts and humanities through our peer-led classes.

**Connect** with others who share your interests! Our member groups feature a variety of performances and activities through regular daytrips and monthly social events.

**Visit** new places on our daytrips and outdoor adventure programs. Enhance your well-being in our boutique fitness center, group exercise classes and wellness courses.

