

Call or visit us today!

Arthur C. Nielsen, Jr. Campus

161 Northfield Rd.
Northfield, IL 60093
847.784.6000

Niles Senior & Family Services Office

7900A Milwaukee Ave., Ste. 2-20B
Niles, IL 60714
847.864.3721

House of Welcome Adult Day Services

1779 Winnetka Rd.
Northfield, IL 60093
847.242.6250

Satellite Locations:

Evanston Social Services Office

Evanston Civic Center
2100 Ridge Ave.
Evanston, IL 60201
847.866.5938

Glenview Village Hall

2500 E. Lake Ave.
Glenview, IL 60026
847.904.4366

www.nssc.org



Our Mission

The mission of North Shore Senior Center is to foster the independence and well-being of older adults, enhance their dignity and self-respect, and promote their participation in and contribution toward all aspects of community life.

North Shore Senior Center is a 501(c)(3) organization. It is our policy to not discriminate against any person served or person employed or seeking employment based on age, race, color, gender, disability, pregnancy, ethnicity, national origin, genetic information, gender identity, sexual orientation, religious tradition or spiritual practice. If you feel that you have been discriminated against, call the Senior Help Line at 800.252.8966 or 888.206.1327 (TTY).

Funds (in whole/part) for these programs are provided through an award from AgeOptions through grants from the Illinois Department on Aging and/or Administration for Community Living, U.S. Department of Health and Human Services under Title III of the Older Americans Act.

**north
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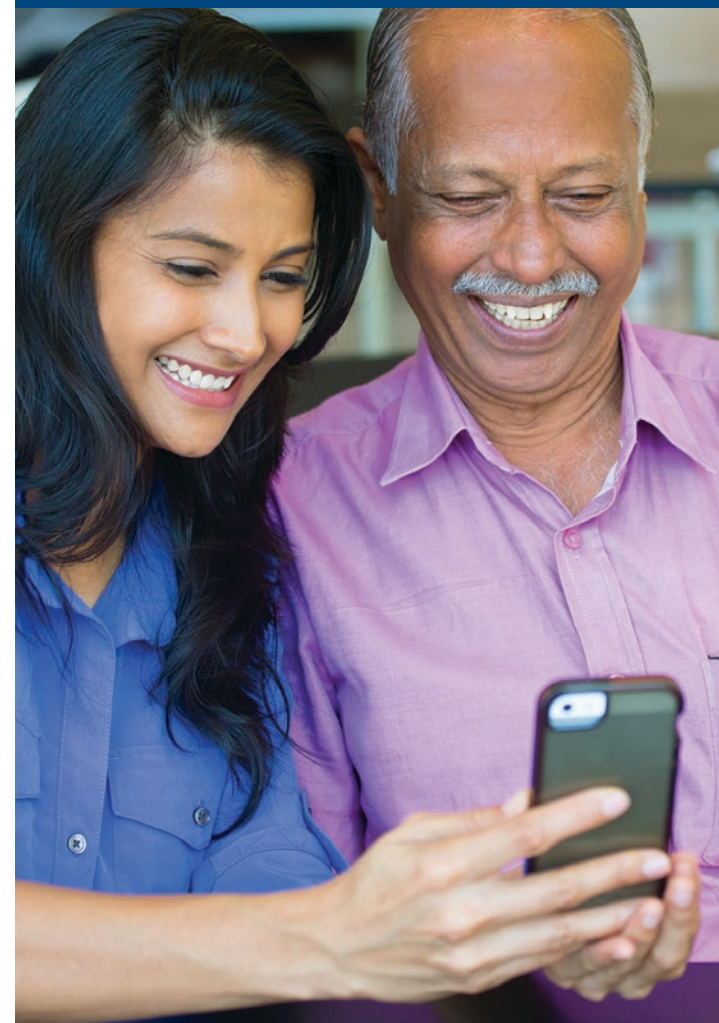
Senior & Family Services
North Shore Senior Options
Adult Day Services
Dementia Care Specialty



Accredited by **ncoa**
National Institute of
Senior Centers

North Shore Senior Center

Age well with us



north shore senior center

December 2021



Serving the Community Since 1956

North Shore Senior Center's original intent was to enrich the lives of older adults by giving them a place to socialize, volunteer and learn. Later, counseling, social services and memory care were added. Our philosophy focuses on the principles of positive aging, which recognizes older people as valuable members of society who contribute a diverse set of skills, knowledge and experiences to their families and communities.



Our Programs and Services

Senior and Family Services

Our goal is to give seniors the assistance they need to live safely and comfortably in their own homes so they can “age in place” and avoid premature, long-term nursing home placement. Our many in-home and community-based programs and services include:

- Adult Protective Services
- Benefits & Medicare Counseling
- Choices for Care Program—assesses appropriate level of care upon hospital discharge
- Community Care Program—links low-income seniors to services
- Escorted Transportation Service
- General Case Management & Counseling
- Home-Delivered Meals & Chore/Homemaker Services
- Lending Closet—a free service that loans out durable medical equipment
- Support Groups—hearing loss, low vision, Parkinson's disease, caregivers, memory loss and Grandparents Raising Grandchildren

House of Welcome Memory Care Program

This program provides specialized programs for people living with Alzheimer's disease and other dementias. The Day Program addresses their physical, emotional, cognitive and social needs in a therapeutic environment.

- The Day Program offers structured, small-group activities in a comfortable, homelike setting
- Memory Café enables individuals living with memory loss and their caregivers to enjoy activities and socialize in a safe and welcoming setting
- The Dementia Family Support Group gives caregivers and other loved ones a supportive and empathetic space to discuss the challenges and needs of caring for someone with memory loss

Senior Options

Senior Options provides specialized services to older adults, adults with disabilities, and their families to support their well-being and enhance their quality of life. Services include:



- Individual and group counseling to address the stressors of aging
- Money management to assist with bill paying, budgeting and record keeping
- Private care management

Lifelong Learning

Engage your mind. Connect with people. Enhance your well-being. Lifelong Learning provides opportunities for older adults to age well as they learn new things and enrich their lives. Our members are drawn from more than 30 communities in the northern suburbs, Chicago and beyond.

- Classes
- Clubs
- Activities
- Presentations
- Daytrips
- Fitness Center



Volunteer Services

Volunteers play a pivotal role in NSSC's daily operations and overall success. Volunteers can assist staff in all areas of our organization.

- Work with older adults and their families in Senior and Family Services
- Help create a welcoming place for people to gather, socialize and participate in Lifelong Learning clubs and programs
- Assist people living with memory loss at our House of Welcome Day Program